

Webster's

Playground Safety Colouring Book



Lumsden & Regina Beach Playground Safety Committee

Dedication:

This colouring book is dedicated to the memory of Larissa Wedrick who died in Lumsden, Saskatchewan on September 19, 1997, at the age of 7, as a result of a playground accident.

To All Parents:

As children grow they begin to try new challenges. Many of these will be on playgrounds at school, in local parks or even backyards. I hope this book will help to educate you and your children about some of the safety issues your children may encounter. I encourage you to sit down and discuss safety issues with your children as you go through this book together. Also as parents we can do our part by taking a look at playgrounds and reporting any hazards we may see. (Refer to the outside back cover of this book for some things to look for.) By doing all these things, we may help to prevent further injuries to our children.

I would like to express my sincere gratitude to all the people, organizations and volunteer clubs who made this colouring book possible!

Yvonne Wedrick, Chair, Lumsden/Regina Beach Playground Safety Committee.

Lumsden/Regina Beach Playground Safety Committee

Yvonne Wedrick, Chair

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Credits:

Cover: Ward Schell

P. 3 Jennifer McRorie (slide at South Shore Elementary School, Regina Beach)

P. 4 Christine Lynn (swings at Elgin Crescent Park, Lumsden)

P. 5 Jeff Nye (monkey bars at Lions Park, Regina Beach)

PP. 6 & 7 Christine Lynn and Barbara Mader

P. 8 Jeff Nye (climbing structures, Lumsden Elementary School)

P. 9 Raylene Kelln

P. 10 Debbie Tuchelt and Morgan Cowen



The Lumsden/Regina Beach Playground Safety Committee would like to thank the sponsors and supporters who have helped to make this project a reality:

Lumsden and District Lions Club, Craven and District Elks, Craven and District Masons

The New Waterfront Press, Regina Health District, SGI

Lumsden Parks, Recreation and Culture Committee

Regina Beach Parks, Recreation and Culture Committee

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For more information on Webster t-shirts and other Webster items, contact the Committee at the above address.

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*Lumsden Parks, Recreation & Culture
Regina Beach Parks, Recreation & Culture*



Lumsden & District Lions



Craven & District Elks



Craven and District Masons





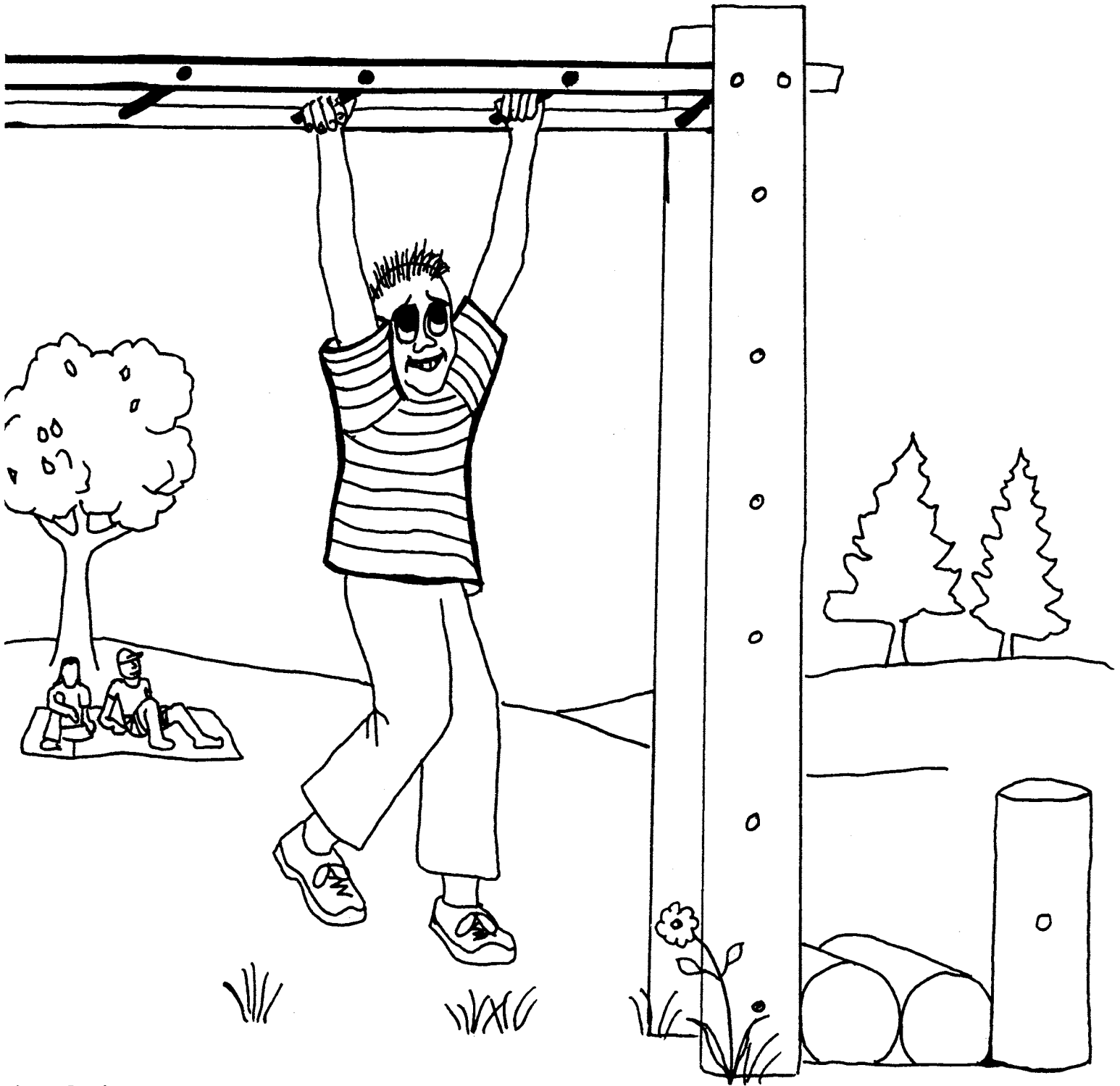
South Shore Elementary School
Regina Beach

Slide down feet first, one person at a time.



Elgin Crescent Park
Lumsden

Stay away from moving swings.



Lions Park
Regina Beach

Take turns, one at a time.



What is unsafe on this playground?



(See back cover for some answers)

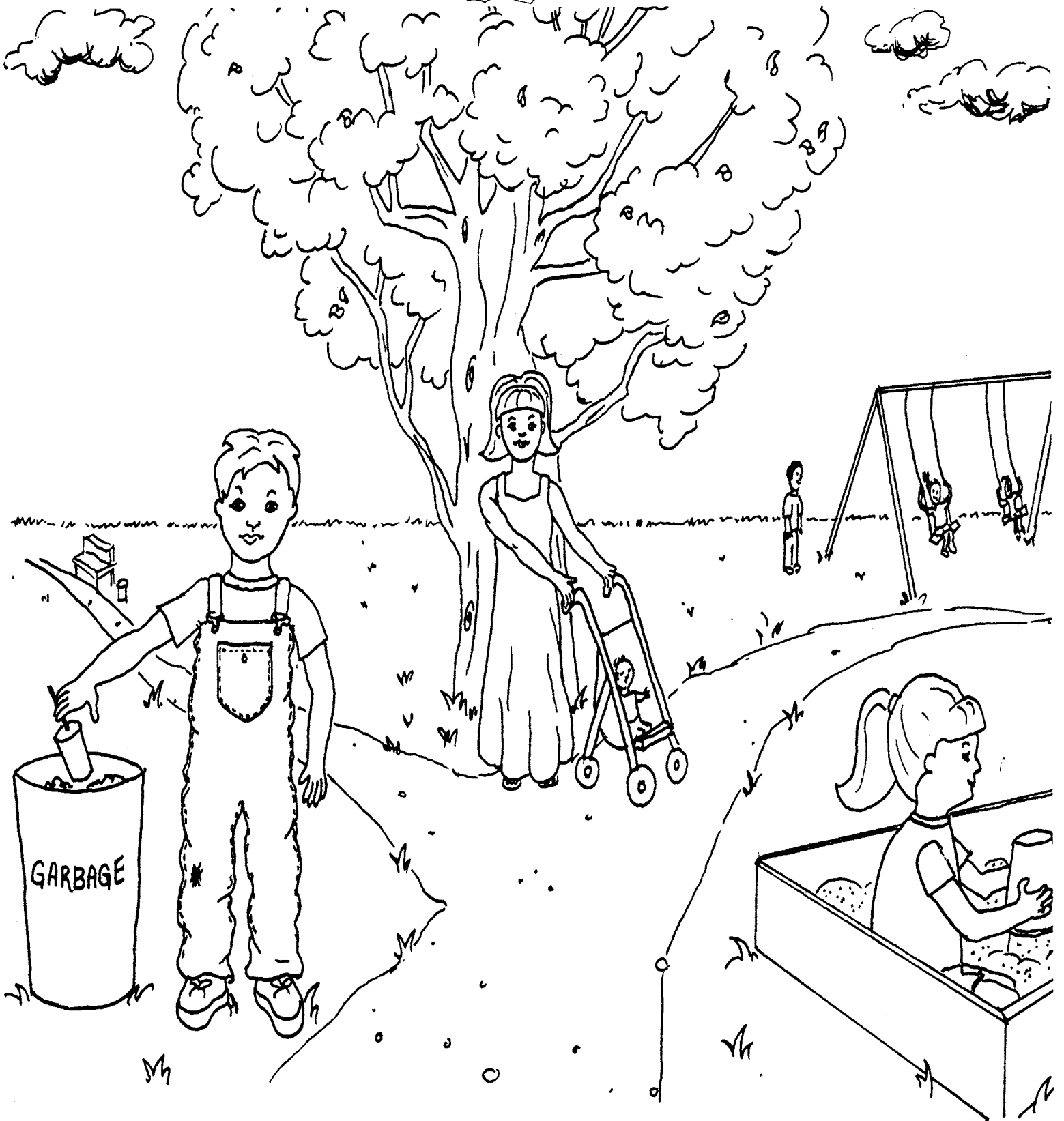


Lumsden Elementary School

Wait your turn, make room for others.



Don't throw sand.



Take care of your playground.



Draw a picture of you playing safely on a playground.

Parent Playground Checklist

Playground equipment calls out to children - climb, swing, whirl. It's a pleasure to watch children involved in the excitement of playground activities.

We assume that all public playgrounds are safe. Every year in Saskatchewan, children between the age of one and nine years of age are hospitalized due to playground injuries.

Supervision:

Preschoolers should always be carefully supervised. Supervision for children five to nine is also recommended. We encourage all parents to go have a look at the local playgrounds you and your family may encounter.

A safe surface:

Safe surfaces include sand, pea gravel or dry wood chips. Grass, soil and hard packed dirt are not safe as they do not protect the child.

The distance between pieces of equipment:

Stationary pieces of equipment should be far enough away from each other that a child will not fall from one piece of equipment to another.

Height of platforms:

Watch the height of the equipment your child is playing on. Make sure it is age appropriate for them.

Adequate handrails and guardrails:

All equipment should have some type of vertical or horizontal guardrail so that children will not fall off.

Entrapment area:

Ensure that children will not get their heads trapped in small openings. Look for poorly spaced rungs on stairs and steps, holes and angles. Children should always remove bicycle helmets before playing on equipment as helmets increase the risk of entrapment.

Loose, sharp or damaged equipment:

Loose or protruding pieces on equipment may catch clothing and clothing strings. Sharp, projecting parts such as nuts and bolts or exposed moving parts can cut or crush parts of the child's body.

Clothing:

Children should not wear clothing with hoods, strings or other parts that can get caught on the play equipment.

Watch for unsafe situations and correct them immediately:

Examples: a skipping rope tied to the slide, rocks under or near play equipment or unsafe behaviour at any playground.

Take the weather into account:

Frozen sand, wet hands, shoes or equipment increase the risk of injury.

Information by permission of the Saskatchewan Institute On Prevention of Handicaps, 1319 Colony Street, Saskatoon, SK S7N 2Z1, phone (306)655-2512.

Some suggested answers for pages 6&7:

•broken rung on climbing structure •no adult supervisors at park •child holding on with only one hand (climbing structure and slide) •child jumping from equipment •equipment is slippery when wet (puddles show that it has rained recently) •overcrowding on climbing structure •broken step on slide •child wearing necklace •children with bare feet •child with one shoe off •garbage on playground •no garbage can on playground •pets running loose •children wearing bike helmets while playing on the play structures •children throwing sand •child climbing on swing structure •child sliding down slide head first •child climbing over fence •broken fence •broken swing •child standing on swing •children running in front of swings •child about to go down slide backwards •two children on slide at same time •two children pushing on steps of slide •child's shoelace undone •child about to jump off swing •child bringing bike onto busy playground